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Professional Experience:

ONLINE PORTFOLIO: www.lydiastrohl.com.

FREE-LANCE WRITER and EDITOR: PRINT. Publications include Reader's Digest, Men's Journal, USA Weekend, Fitness, Money, WashingtonPost.com, Washingtonian, horizonmag.com and Pittsburgh Magazine. Book research, editing and drafting for No Mercy and Public Enemies (Pocket Books, 1998 and 2001), by John Walsh and Philip Lerman, chronicling Fox Television's America's Most Wanted. Edited My Husband Ran Off with the Nanny and God Do I Miss Her by Tracy Davis, 2008. ONLINE: Website design and creation, plus blog writing including athomewithrealfood.com, winegame.com.

FREELANCE PRODUCER, PODCAST NOT IMPOSSIBLE: Research, write, interview and edit episodes.

Past positions included:

- ASSOCIATE PRODUCER: TELEVISION. Credits for Fox Television's America's Most Wanted include: Psychology of A Sniper, OxyContin Bandits, Unknown Robert Nelson Killer, and DC Sniper. 1999-2003.
- CONTRACT RESEARCH/WRITING, USA WEEKEND, a Gannett publication based in Arlington, Va. September 1998 to August 1999.
- SENIOR EDITOR, EXECUTIVE REPORT MAGAZINE. Supervised and implemented editorial, production and design for monthly four-color Pittsburgh, Pa. business magazine. Developed and wrote lifestyle departments including restaurant reviews and *People Making News*, a personal interview column. May 1995 to March 1998. HEALTH REPORTER AND HEALTHBEAT COLUMNIST: 1990 to March 1998.

CORRESPONDENT, MONEY MAGAZINE. October 1991 to March 1998.

THEATER CRITIC, CITY PAPER. Columnist for Pittsburgh, Pa. newsweekly. June 1995 to September 1996.

RESEARCH ETHNOGRAPHER. Distill community and family histories from primary and secondary sources and oral histories. Written histories: Armstrong County, Pa.; Armstrong County Memorial Hospital; Breman family (founders of Rite-Aid Corp.); Hazelwood, South Side, West End and Mt. Washington, Pa. 1994-97.

STAFF WRITER, CHAUTAUQUA (NY) DAILY. Feature and beat reporter, 1994 Season.

EDITORIAL INTERN, PITTSBURGH MAGAZINE. Fall 1990.

EDITORIAL ASSISTANT, NEW HAMPSHIRE PROFILES. Intern then assistant editor. 1990.

WRITER, Tokyo, Japan. Business and cultural writing for Asahi Publishing Company, 1989.

Education:

CERTIFICATE, DIGITAL DESIGN, 2014. American University, Washington, DC.

M.A. NON-FICTION WRITING, 1990. University of New Hampshire. Elizabeth Jones Scholarship for tuition.

- B.A. COMMUNICATIONS, 1984. College of Wooster. Phi Beta Kappa. Top departmental honors. Minor: history.
- H.S. DEGREE, 1980. The American School of Athens, Greece.

Relevant Awards:

THE ROY A. SPRIGLE AWARD FOR EXCELLENCE IN PRINT JOURNALISM, MAGAZINES. Pittsburgh Press Club, 1996.

- THE GOLDEN QUILL AWARD. For continuing coverage, magazines. Pittsburgh Press Club, 1996 and 1997. FINALIST, GOLDEN QUILL AWARDS. Pittsburgh Press Club, 1992 and 1993.
- PINALIST, GOLDEN QUILL AWARDS. PHISDurgh Press Club, 1992 and 1995.
- INTERNATIONAL ASSOCIATION OF BUSINESS COMMUNICATORS AWARD. 1986.